Fabric Requirements:
1 – 2” wof strip in each of seven varying shades (7 strips total)

Optional:
1 – 8.5 x 11” piece of gray fabric (will fit all three appliqué items)
1 – 8.5 x 11” piece of Fusible Appliqué adhesive
Hot fix crystals

Other supplies:
thread to match
rotary cutter/mat
pins
iron/ironing board
hot fix crystal wand

All seams are ¼”. A scant quarter will yield an exact 36.5” row when completed.
1. Start by arranging your strips from lightest to darkest.

Take time to press the folds and wrinkles from your strips before you sew them together but be careful not to stretch or distort them.

2. Take the two darkest strips, put them right sides together and sew ¼” down one long edge.

**TIP:** Mark the end of the strip where you begin your stitching with a pin so when you attach the next strip you will remember to start your stitching at the opposite end to avoid curving your rows.

Press the seam to the darker row.

3. Take the 3rd darkest strip and lay it right side down on the previously sewn together 2nd darkest strip. Start stitching this row from the opposite end of the previous set.

For example, if the strips are laid out flat and you started the first set on the left end of the strips, then with the next piece start at the right end of the strips. Continue alternating to avoid stretching and curving the entire row.

Press the seam to the darker row.

4. Continue until you have all seven rows attached and pressed.

5. Trim one end of the strip set so that it is even and the selvages are removed.

6. Cut the strip set into 9 – 4.5” wide blocks.
7. Offset the blocks with the seams to the center of each strip, the row on top of one and the row on the bottom of the other will hang over.

Put two sections right sides together and stitch ¼” seam down the right side, open and press the seam open.

8. Make four sets of two sections; you’ll have those four plus your single section.

Stitch two of those sets together, again right sides together with the seams offset. Do it once more with the other sets of two sections.

You should now have two sets of four plus a single.

Offset the single section to one of the sets and sew right sides together then join the final piece to the other side of the single section in the same way.

9. Trim the overhanging pieces from the top and bottom of your row to give you a finished 9.5” tall by 36.5” wide row.
OPTIONAL:

10. Trace your chosen appliqué design** onto the back of the fusible appliqué adhesive

** TIP: because you are tracing on the back you may want to reverse the image.

11. Follow the instructions to adhere the fusible appliqué to your piece of fabric

12. Cut out your appliqué shape(s), peel the paper from your appliqué fabric and stick it onto your RxR row. Once you are happy with the placement, follow the fusible instructions to adhere it to the row fabric.

13. Use a blanket stitch (our width and length were set at 2.5) or other decorative stitch to permanently attach your appliqué to the row, and then decorate as you please.